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Control of the Resumption of Meiosis in Mammals

H. R. Lindner, S. Bar-Ami, and A. Tsafriri

Department of Hormone Research, The Weizmann Institute of Science, Rehovot, Israel

Several reviews dealing with different aspects of oocyte maturation in mammals have been published recently (8,34,37,58). Therefore, this is not intended to be an exhaustive review of mammalian oocyte maturation, but a brief account with a special emphasis on the follicular factors involved in the regulation of the meiotic process. Oogenesis in mammals is a protracted process (Fig. 1). The meiotic division of the oocyte is initiated during fetal life and is arrested shortly after birth at the stage of diplotene. At this stage, the nucleolus and the nuclear membrane reappear and the so-called dictyate oocyte persists for a very long period. In humans, this period may reach 40 years or more. Meiosis is resumed in adult life following the preovulatory surge of gonadotrophins, a few hours prior to ovulation. We shall use the terms "oocyte maturation" or "nuclear maturation" to denote the preovulatory resumption of the meiotic process and its progress to the metaphase stage of the meiotic division, i.e., to a fertilizable ooctye (Fig. 2). Development beyond this stage, with the completion of the second meiotic division, will depend on the penetration of a fertilizing spermatozoon.

Oocyte maturation, like other ovulatory processes such as the increase in the ratio of progesterone—to—estrogen secretion and follicular rupture, is triggered *in vivo* by the preovulatory surge of luteinizing hormone (LH) (6,54,61). On the other hand, oocytes dislodged from their follicles resume the meiotic process *in vitro* even in hormone-free media (39; reviewed in 15,41,58). The meiosis-inducing action of gonadotrophins has been studied *in vitro* by explanting follicles prior to the preovulatory surge of gonadotrophins (51). This system has been exploited to define the role of gonadotrophin receptors, cyclic AMP, protein kinase, prostaglandins, steroid hormones, and glycolysis in the mediation of this response (31,60). The contrasting behavior of oocytes dislodged from their follicles and of follicular oocytes *in vivo* or *in vitro* led to the view that within the follicle oocyte maturation may be prevented by an inhibitor elaborated by follicle cells. In order to test this hypothesis, a third approach to the study of oocyte maturation *in vitro* was adopted, namely coculture of various follicular components with oocytes (18,53).

SPONTANEOUS MATURATION OF ISOLATED OOCYTES

The pioneering observation of Pincus and Enzmann (39) that rabbit oocytes explanted from their follicles undergo maturtion in vitro, even in hormone-free

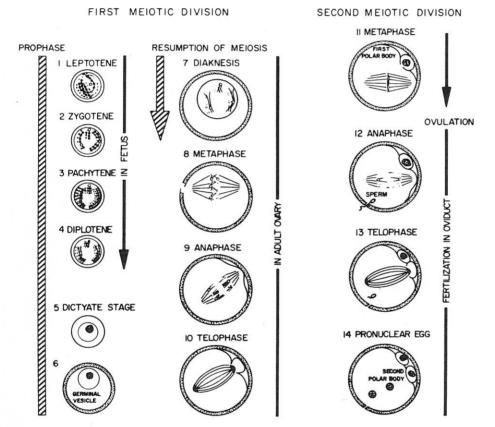


FIG. 1. Diagram of oocyte meiosis. For simplicity, only three pairs of chromosomes are depicted. 1–4, Prophase stages of the first meiotic division, which occurs in most mammals during fetal life. The meiotic process is arrested at the diplotene stage ("first meiotic arrest") and the oocyte enters the dictyate stage (5–6). When meiosis is resumed, the first maturation division is completed (7–11). Ovulation occurs usually at the metaphase II stage (11), and the second meiotic division (12–14) takes place in the oviduct only following sperm penetration. (From Tsafriri, ref. 58, with permission of Plenum Press.)

media, has been confirmed and was extended to many other mammalian species, including humans (11,15,40).

The spontaneous maturation of oocytes dislodged from their follicles results in morphologically normal secondary oocytes in most species. Nevertheless, the fertilization rate obtained after spontaneous maturation *in vitro* was very low in all of the species tested, including the human (45). The most common abnormality in such oocytes was the failure of the sperm nucleus to swell in the ovum cytoplasm, i.e., no normal male pronucleus was formed. Thibault and Gerard (48) suggested that the lack of a putative "male pronucleus growth factor" (MPGF) in such dislodged oocytes may be responsible for this failure of development of the male nucleus.

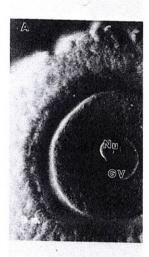


FIG. 2. Reinitiation of meic contrast optics. A: Dictyate of breakdown. *Inset (M-I)*: biva *Inset (M-II)*: chromosomes (cording to Tarkowski (1966), or

Recent studies suggest bring about physiologica male pronucleus formati treatment with estradiol a nucleus formation was o phins, prolactin, estradio (50).

In conclusion, if fertil opment are adopted as the

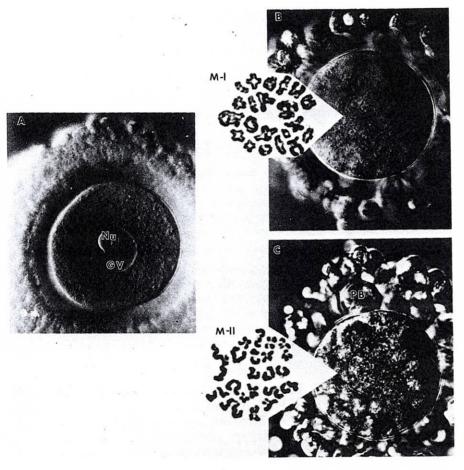


FIG. 2. Reinitiation of meiotic maturation in rat oocytes viewed with Nomarski interference contrast optics. **A:** Dictyate oocyte. GV, germinal vesicle; Nu, nucleolus. **B:** Germinal vesicle breakdown. *Inset (M-I):* bivalents in metaphase I. **C:** Secondary oocyte. PB, first polar body *Inset (M-II):* chromosomes (dyads) seen at metaphase II. Chromosomes were prepared according to Tarkowski (1966), *Cytogenetics*, Vol. 5, and were photographed under phase contrast.

Recent studies suggest that the addition of hormones to the culture medium may bring about physiological maturation of liberated oocytes. Soupart (45) described male pronucleus formation in human oocytes matured *in vitro* after sequential treatment with estradiol and 17α -hydroxyprogesterone. Some degree of male pronucleus formation was obtained upon fertilization when a mixture of gonadotrophins, prolactin, estradiol, and testosterone was added to rabbit oocytes in culture (50).

In conclusion, if fertilizability and the potential for normal embryonic development are adopted as the criteria for the normalcy of oocyte maturation, one is

forced to infer that the spontaneous maturation of oocytes dislodged from the follicle is largely an experimental artifact or, at least, is not a fully adequate model for studying the meiotic process. Hence, other model systems that more closely represent the physiology of oocyte meiosis *in vivo* and that yield normal, fertilizable ooctyes are needed.

MATURATION OF FOLLICLE-ENCLOSED OOCYTES

Hormonal Induction In Vitro

When preovulatory rat follicles are explanted before the endogenous surge of gonadotrophins and placed in organ culture without hormonal supplementation, the oocytes remain indefinitely in the dictyate state. The test system allowed us to study the meiosis-inducing action of gonadotrophins and other agents *in vitro*. Luteinizing hormone (LH), human chorionic gonadotrophin (HCG), and immunochemically pure follicle-stimulating hormone (FSH) and prostaglandin E₂ (PGE₂) proved capable of triggering the maturation of such follicle-enclosed oocytes in culture (31,51). Similar results were obtained when ovarian fragments (10,38) or preovulatory follicles (22) of pregnant mare serum gonadotropin (PMSG)-treated mice or rats were cultured. Gonadotrophin-induced maturation of follicle-enclosed oocytes has since also been achieved in the rabbit (49) and hamster (21).

Mediation by Cyclic AMP

The feature common to all the agents that induced maturation of follicle-enclosed oocytes *in vitro* was the ability to stimulate the production of cyclic AMP (and hence to activate protein kinase) in the follicle (31). Indeed, introduction of dibutyrl cyclic AMP (dbcAMP) into the follicular antrum (51) or short-term incubation of follicles in a medium containing 8-bromo-cyclic AMP (24) triggered germinal vesicle breakdown, in stark contrast to the inhibitory action of cyclic nucleotide on isolated oocytes discussed above. It thus seems likely that cAMP does not act directly on the oocyte itself but rather on other cellular components of the follicle, perhaps terminating an inhibitory action exerted by these cells on the oocyte (see below).

Fertilizability: Variation Between Animal Models

Follicle-enclosed rabbit oocytes matured *in vitro* by stimulation with LH underwent normal fertilization *in vitro* and, upon transplantation into suitable recipients, developed into normal viable young. By contrast, normal meiotic maturation has not yet been achieved in explanted follicles of pigs (9), sheep (37), or women (10) by treatment with gonadotrophins *in vitro*.

Does this difference in behavior between follicle-enclosed oocytes of rodents and lagomorphs on the one hand, and those of the human, pig, and sheep on the other, indicate that the onset of meiosis in these species is controlled by a basically different

mechanism? An alterr which have a long es to respond, whereas in follicles, shortly befo demonstrated that adr cycle elicits prematur 20 results in ovulation

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FOLLICUI

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mechanism? An alternative possibility is that in experiments with the latter species, which have a long estrous cycle, the explanted follicles were not mature enough to respond, whereas in studies with rodents and lagomorphs, only late preovulatory follicles, shortly before the LH surge, were explanted. Indeed, Hunter et al. (26) demonstrated that administration of HCG to pigs on day 17 of the 21-day estrous cycle elicits premature ovulation of dictyate oocytes, whereas HCG on day 19 or 20 results in ovulation of normal oocytes at metaphase II stage.

Role of Steroids: Interspecific Differences?

Inhibition of steroid hormone synthesis by addition of cyanoketone or of aminoglutethimide to the culture medium did not impair the meiosis-inducing action of gonadotrophins on rat oocytes explanted within their follicles (28,52). In the rabbit, likewise, there appears to be no need for LH-induced steroidogenesis to achieve physiological maturation and fertilizability in vitro (49). By contrast, in cultured ovine follicle-enclosed oocytes, inhibition of steroidogenesis blocked LH-induced meiosis at the metaphase I stage. Addition of estradiol to such cultures together with the gonadotrophin significantly improved fertilizability of the oocyte and embryonic development upon transfer to foster ewes (35,37). Fertilizability has not yet been adequately tested in cultured rat oocytes matured within their follicles. The apparent difference between cultured rabbit and sheep oocytes in the degree of dependence on exogenous steroids for normal maturation in vitro may be related to differences in the dynamics of follicle growth and steroidogenesis, resulting in differential exposure of the oocytes to steroids in vivo prior to explantation. Little is known about the steroid requirements for maturation of the human oocyte, except that steroids (estradiol and 17α-hydroxyprogesterone) appear to promote cytoplasmic maturation and normal male pronucleus formation (45). Thus, while it is clear that the meiosis-inducing action of LH is not mediated by the enhancement of follicular steroidogenesis (28), it appears that the fertilizability of oocytes of several animal species is clearly dependent upon undisturbed follicular steroidogenesis (35).

FOLLICULAR CONTROL OF OOCYTE MATURATION

Inhibitory Effect of Granulosa Cells

The divergent behavior of dislodged oocytes, which mature spontaneously, and those cultured within the follicle, which remain in the dictyate stage unless stimulated by gonadotrophin, suggest that the granulosa cells may be responsible for maintaining meiotic arrest. Indeed, Foote and Thibault (18) demonstrated an inhibitory effect of porcine granulosa cells upon the resumption of maturation by porcine oocytes: oocytes cultured within the domes of dissected follicular wall did not mature, and theca alone was not inhibitory. Tsafriri and Channing (53) extended these findings to show that this effect of granulosa cells is dose dependent and that cells from small follicles were more potent in this respect than those from medium

or large ones. Disconcertingly, the inhibitory effect of porcine granulosa cells was not reversible by LH, FSH, PGE₂, or dbcAMP. It now seems probable that the failure of porcine oocytes cocultured with granulosa cells to respond to hormonal stimuli by resumption of meiosis is due to inadequate maturation of the follicles from which the cells were collected (see above).

When rat oocytes were added to 24-hr-old rat granulosa cell cultures, spontaneous oocyte maturation was suppressed, the degree of inhibition depending on the number of granulosa cells in the culture. This inhibitory effect was reversed when LH was added to the cultures together with the oocytes (58,59).

Oocyte Maturation Inhibitor

Porcine granulosa cell extract (55) as well as medium in which rat granulosa cells (58) had been cultured previously ("conditioned medium") exerted an inhibitory effect upon the resumption of meiosis by cultured oocytes. Follicular fluid (FFI) from rabbit, pig, cow, sheep, and hamster ovaries were shown to contain similar activity (13,21,23,27,53,57). This effect is not species-specific: porcine FFI inhibits the maturation of oocytes of the mouse (Channing and Tsafriri, unpublished observations) and rat (57); bovine FFI inhibits hamster oocytes (21); and human FFI inhibits the maturation of porcine oocytes (23).

The oocyte maturation inhibitor (OMI) from porcine follicular fluid appears to be a peptide with a molecular weight of less than 2,000 daltons (46,56). OMI activity was demonstrated in both frozen and freshly collected porcine FFI. The inhibitory action of OMI was reversed by transferring the oocytes to fresh medium devoid of OMI 20 to 24 hr after the initiation of culture. The OMI concentration of porcine FFI declined with follicular growth (46,56). By sequential Amicon PM-10 membrane filtration, Sephadex G-25 (46,58) and CM-Sephadex column chromatography, approximately 5,000-fold purification of OMI was achieved (Table 1). Immunization of rabbits or rats with the low molecular weight fraction of porcine follicular fluid (the Amicon PM-10 membrane filtrate) conjugated to bovine serum albumin (BSA) produced an antiserum able to neutralize OMI action on rat oocytes. When the antibodies were purified by affinity chromatography, OMI action was neutralized only by the specific antibody fraction and not by the absorbed serum (59,60).

TABLE 1. Purification of oocyte maturation inhibitor from porcine follicular fluid

Fraction	Volume (ml)	Peptide (mg/ml)	Units/ mg	Total units	Fold purification
FFI	900	2,000	0.001	1.800	_
Amicon PM-10 filtrate	24.5	105	0.48	1,225	480
Sephadex G-25 peak A	20	43.4	1.38	1,200	1,380
CM-Sephadex active peak	15	29	5.17	2,250	5,170

Significance of Com

The density of LH-recet cells of the mature graafia itself and the adjacent cor radioautographic technique to gonadotrophic stimulat cellular communication th licle. A structural basis for of extensive gap-junctions layers (1,3) and the demo cytoplasmic extensions of and the oolemma (2,5). Si molecules, possibly include size, between neighborin coordination of their mer Beers (19) demonstrated and the oocyte as well as t the oocyte to cumulus cell and it decreased as ovular labelled choline, uridine. tween cumulus cells and c in vivo or in vitro reduce coupling between these t incorporation (16,62) and dependent upon the preser interaction between these

The close association be disruption of this relations the release of the oocyte is sequent resumption of me engagement of oocyte/con hormone. This would bring the preovulatory follicle, a in the isolated oocyte cull gonadotrophins are redunctions.

It may be noted that a accompanies maturation of theless, the morphologica follow, rather than preceducytes (47). Furthermore sheep cumulus cells to the progressed to prometaphas that physiological occlusion

Significance of Communication Between Oocyte and Cumulus Cells

The density of LH-receptors is much higher on the surface of the mural granulosa cells of the mature graafian follicle than on cumulus oophorus cells. On the oocyte itself and the adjacent coronal cells, it is difficult to demonstrate LH-receptors by radioautographic techniques (4), yet the follicle-enclosed oocyte responds promptly to gonadotrophic stimulation. This suggested the existence of a system of intercellular communication that might propagate the hormone stimulus within the follicle. A structural basis for such communication was provided by the description of extensive gap-junctions between adjacent cells within the theca and granulosa layers (1,3) and the demonstration that similar specialized junctions exist between cytoplasmic extensions of the corona radiata cells that traverse the zona pellucida and the oolemma (2,5). Such junctions can facilitate the transfer of ions and small molecules, possibly including chemical messengers, up to about 2,000 daltons in size, between neighboring cells and bring about their electrical coupling, i.e., coordination of their membrane potential (7,20,43). Thus, Gilula, Epstein, and Beers (19) demonstrated bidirectional electrical coupling between cumulus cells and the oocyte as well as transfer of iontophoretically injected fluorescein dye from the oocyte to cumulus cells. Ionic coupling was maximal prior to HCG stimulation and it decreased as ovulation approached. Similarly, Moor et al. (36) used [3H]labelled choline, uridine, and inositol for measuring the intercellular coupling between cumulus cells and oocyte of sheep. They demonstrated that gonadotrophins in vivo or in vitro reduced, but did not totally eliminate, within 12 to 15 hr the coupling between these two cell types. The fact that both [3H]-labelled uridine incorporation (16,62) and growth (17) of mouse oocytes have been shown to be dependent upon the presence of intact cumulus cells further attests to the intimate interaction between these cell types.

The close association between cumulus cells and the oocyte and the apparent disruption of this relationship following ovulation led to the hypothess (29,31) that the release of the oocyte from the inhibitory action of the cumulus cells and subsequent resumption of meiosis may result from the dismantling or functional disengagement of oocyte/corona cell junctions, possibly induced by the ovulatory hormone. This would bring about a functional sequestration of the oocyte within the preovulatory follicle, analogous to the physical separation achieved by surgery in the isolated oocyte culture model, and would explain why in the later model gonadotrophins are redundant.

It may be noted that a similar detachment of follicle cells from the oocyte accompanies maturation of starfish (40) and amphibian (41,42,44) oocytes. Nevertheless, the morphological dissociation of cumulus—oocyte junctions appears to follow, rather than precede, germinal vesicle breakdown in rat (14) and rabbit oocytes (47). Furthermore, the reduction in intercellular transport of choline from sheep cumulus cells to the oocyte occurred only after meiotic maturation had progressed to prometaphase or even first metaphase (36). It is possible, however, that physiological occlusion of cumulus—oocyte junctions precedes their morpho-

logical separation. Therefore, more detailed kinetic studies of the changes in physiological coupling between cumulus and oocyte cells in relation to the resumption of meiosis are needed before one can decide whether there is a causal relationship between these two processes.

An essential role of cumulus cells in the control of resumption of meiosis has recently been demonstrated by a different approach. Whereas the low molecular weight fraction of porcine FFl inhibited the maturation of oocytes cultured within their intact cumuli, it did not interfere with the maturation of fully denuded oocytes of the pig (25), rat (Fig. 3), or mouse (Bar-Ami and Tsafriri, unpublished observations). Moreover, addition of the low molecular weight fraction of porcine follicular fluid even tended to facilitate the maturation of denuded rat oocytes. It thus appears that OMI exerts its inhibitory action upon the resumption of meiosis not directly on the oocyte but through the mediation of the cumulus cells. Whether the maturation-inducing action of LH is exerted solely by cumulus-oocyte uncoupling or whether the hormone also suppresses the formation of OMI remains to be established.

CONCLUSIONS

We have considered three different *in vitro* models currently in use for the study of ovum maturation, namely, the culture of isolated oocytes, organ culture of follicles explanted intact, and coculture of oocytes with other cellular components of the follicle. These have been applied to material from a number of animal species. The three model systems serve to reveal different aspects of the meiotic process.

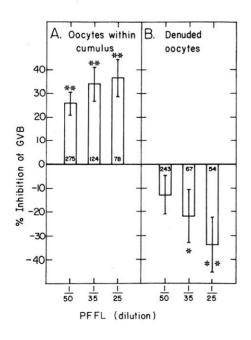


FIG. 3. Role of cumulus cells in OMI action upon maturation of rat oocytes. The oocytes were cultured either within their cumulus or after removal of adherent cells by repeated transfers through thin bore glass capillaries (denuded). Culture was for 6 hr in the presence of the indicated dilution of the low molecular weight fraction of porcine follicular fluid (PFFI). **p < 0.005; *p < 0.05 vs. appropriate control. (From Lindner et al., ref. 30.)

Isolated oocytes were su maturation of mouse oocyand to study changes in maturation (32,33). Explamonal factors involved in mixed culture approach y control of oocyte maturatic systems seems most likely

The hypothesis of follic first put forward in the 1 recent findings that suppo follicle by a local factor, of these experiments were laboratories encountered follicular constituents. It apparently temporal nature the instability of OMI, the maintenance of cumulus-o characterization of OMI a ment of the physiological

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Isolated oocytes were successfully used to demonstrate the role of pyruvate in maturation of mouse oocytes, to establish optimal media for oocyte culture (12), and to study changes in protein synthesis (63) and oxygen consumption during maturation (32,33). Explanted follicle-enclosed oocytes permit study of the hormonal factors involved in the induction and regulation of the meiotic process. The mixed culture approach was adopted to analyze the role of follicle cells in the control of oocyte maturation. Thus, the combined exploitation of a variety of model systems seems most likely to advance our understanding of the meiotic process.

The hypothesis of follicular control of the resumption of the meiotic process was first put forward in the 1930s by Pincus and Enzmann (39). We have reviewed recent findings that support the view that meiosis is prevented in the preovulatory follicle by a local factor, OMI, produced by granulosa cells. Nevertheless, some of these experiments were performed only by several groups, whereas a few other laboratories encountered difficulties in demonstrating OMI-like activity in some follicular constituents. It is possible that these difficulties are in part due to the apparently temporal nature of both oocyte sensitivity to OMI and OMI production. the instability of OMI, the rapid reinitiation of meiosis, and the need for continued maintenance of cumulus-oocyte coupling for keeping meiosis in abevance. Further characterization of OMI and its purification to homogeneity will allow the assessment of the physiological role of OMI in the control of the meiotic process.

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Structural Ch and H

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The fundamental funct progresses through a serphysiologic and morpholo have appeared in the litera tional characteristic. Such granulosa cells, the numb antrum, and even the ove

A primary follicle is c cells. Depending upon th follicle, the actual morp although multilayered, ha A tertiary, graafian, or profollicles are categorized a preovulatory follicles. Mc iologically and functiona functionally than the early of tertiary follicles will be

Follicular development out the female's reproduct on the interactions betwee roles of the ovary.

This chapter presents a follicle from the primordi description of the hormo development (or maturati is a concomitant develor events may occur simulta

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The culmination of fetal or primary follicle (34).